

(For JSPS Fellow)

Form B-5

Date (日付)

8/2/2018

**Activity Report -Science Dialogue Program-**

(サイエンス・ダイアログ事業 実施報告書)

- Fellow's name (講師氏名): Ihssane Zouikr (ID No.P16726)

- Participating school (学校名): Hosei University Girls' High School

- Date (実施日時): 25/1/2018

- Lecture title (講演題目): My journey as a young scientist

- Name and title of your company (同行者 職・氏名)

RIKEN BSI, Wako, Japan

- Lecture format (講演形式):

◆Lecture time (講演時間) 90 min (分), Q&A time (質疑応答時間) 30 min (分)

◆Lecture style (ex.: used projector, conducted experiments)

(講演方法 (例: プロジェクター使用による講演、実験・実習の有無など))

Power point presentation. The students had the chance to familiarize with key brain structures involved in the stress response. They observe coronal slices of stained mouse brain

- Lecture summary (講演概要): Please summary your lecture 200-500 words.

In this lecture, after introducing my background and the different cities and countries where I undertook my undergraduate and postgraduate studies, I gave a brief historical overview of Biology and Neurosciences. Then I introduced the concept of the scientific method. I gave a simple lecture about my research that I am doing here at RIKEN and why it is important. I summarized my lecture by giving advices on how to be successful in life.

- Overall advice or comments to future participants in the program (今後の講師へのアドバイス):

Before learning a field, try to understand its historical background. Also don't be shy and try to ask questions during the lecture, no question is stupid!

- Other noteworthy information (その他特筆すべき事項):

Must be typed

- Impressions and opinions from a company (同行者の方から、本事業に対する意見・感想等がありましたら、お願いいたします。)

The students and the teacher enjoyed my lecture. Three particular students had a one on one question time with me, they were interested in the research I was doing in RIKEN.