

Form B-2  
(FY2022)  
Must be typed

Date (日付)

02/ 02/ 2023 (Date/Month/Year: 日/月/年)

**Activity Report -Science Dialogue Program-**  
(サイエンス・ダイアログ事業 実施報告書)

- Fellow's name (講師氏名): Md. Hazzaz Bin Kabir (ID No. P21101 )

- Name and title of the lecture assistant (講義補助者の職・氏名)

Mr. Riku Sakurai, PhD student

- Participating school (学校名): Iwate Prefectural Ichinoseki Daiichi High School

- Date (実施日時): 31/ 01/ 2023 (Date/Month/Year: 日/月/年)

- Lecture title (講義題目):

What would I focus on in my life?

- Lecture format (講義形式):

◆  Onsite ・  Online (Please choose one.) (  対面 ・  オンライン (どちらか選択ください。)

◆ Lecture time (講義時間) 60 min (分), Q&A time (質疑応答時間) 30 min (分)

◆ Lecture style (ex.: used projector, conducted experiments)

(講義方法 (例: プロジェクター使用による講義、実験・実習の有無など))

Projector

- Lecture summary (講義概要): Please summarize your lecture within 200-500 words.

The lecture "What would I focus on in my life?" likely explores the topic of personal priorities and goal setting. It may suggest reflecting on one's values, passions, and aspirations to determine what is truly important to them. The lecture may also provide tips for creating a clear and focused plan for achieving one's goals, such as setting specific, measurable, and achievable targets, breaking down larger goals into smaller steps, and staying motivated and on track through regular self-reflection and course correction. The lecture has divided into three parts. Self-introduction, my research activity in Japan, and cultural differences. I described to them why I become a researcher and why I chose Japan. What kind of challenges I faced during my research and how to overcome these challenges? In my lecture, I tried to convey the message what should you focus on in your life? This is one kind of motivational lecture where students get inspiration on what to do next in their forthcoming future and their set of goals or targets. On top of that, why science is important to every aspect of life? I hope I gave them a message from now you should decide to build up your vision, and boost yourself for the people, for the nation, and for the global. I encouraged them to try to be internationally recognized people.

SD

※弊会記入欄

◆Other noteworthy information (その他特筆すべき事項):

- Impressions and comments from the lecture assistant (講義補助者の方から、本事業に対する意見・感想等がありましたら、お願いいたします。):

I think the high school students were greatly inspired by Dr. Kabir's talk.  
This program should be promoted further.