

様式 A-1

(FY2025)

2026 年 2 月 20 日

## サイエンス・ダイアログ 実施報告書

1. 学校名: 山梨県立日川高等学校
2. 講師氏名: Dr. Skaidre JANKOVSKAJA (Ms.)
3. 講義補助者氏名: Ms. Buyantogtokh Bujinlham
4. 実施日時: 2026 年 2 月 12 日 (木) 14 :00 ~ 16 :00
5. 参加生徒: 1 年生 31 人、2 年生 41 人、 年生 人 (合計 72 人)  
備考: (例: 理数科の生徒)
6. 講義題目: メラノーマの非侵襲的皮膚サンプリングによる脂質バイオマーカー探索
7. 講義概要: 皮膚がんの一つであるメラノーマを研究対象に、皮膚サンプルを使用した検体検出についての方法の講義と参加生徒の皮膚サンプルを採取しての実験
8. 講義形式:  
対面 ・ オンライン (どちらか選択ください。)
  - 1) 講義時間 90 分(実験含む) 質疑応答時間 10 分
  - 2) 講義方法 (例: プロジェクター使用による講義、実験・実習の有無など)  
プロジェクター使用による講義と顕微鏡を用いた実験
  - 3) 事前学習  
有 ・ 無 (どちらか選択ください。)  
使用教材:  
事前に準備していただいたハンドアウトを使用して、日本語での事前指導
9. その他特筆すべき事項:  
生徒が皮膚の組織を採取して行う実験は非常に興味深く生徒自身が楽しんでいた。  
分かりやすい英語で伝えようとしており、2 年次の生徒は 9 割理解できたと言っている。

Form B-2  
(FY2025)  
Must be typed

Date (日付)  
16/02/2026  
(Date/Month/Year: 日/月/年)

**Activity Report -Science Dialogue Program-**  
(サイエンス・ダイアログ 実施報告書)

- Fellow's name (講師氏名): Skaidre Jankovskaja (ID No. P25080)
- Name and title of the lecture assistant (講義補助者の職・氏名)  
Bujinkham Buyantogtokh
- Participating school (学校名): Hikawa High School, Yamanashi
- Date (実施日時): 12/02/2026 (Date/Month/Year: 日/月/年)
- Lecture title (講義題目):  
From Tape Sampling to Disease Detection: Exploring Skin Surface Chemistry
- Lecture format (講義形式):  
◆  Onsite ・  Online (Please choose one.)(対面 ・ オンライン)((どちらか選択ください。))  
◆ Lecture time (講義時間) 80 min (分), Q&A time (質疑応答時間) 20 min (分)  
◆ Lecture style(ex.: used projector, conducted experiments)  
(講義方法 (例: プロジェクター使用による講義、実験・実習の有無など))  
Used projector for presentation, and performed experiment
- Lecture summary (講義概要): Please summarize your lecture within 200-500 words.

During the first part of the lecture introduced my scientific journey, including my educational background, the research projects I have conducted, and my motivation for moving from Lithuania to Sweden and later to Japan.

In the second part, I provided background information about the structure of the skin, with a focus on the outermost layer of the skin stratum corneum and its barrier function. I explained the concept of non-invasive sampling using adhesive tape to collect small molecules from the skin surface. Finally, I presented examples from my current research, which aims to identify specific lipids collected from melanoma skin cancer that could potentially be used for diagnostic purposes. The lecture concluded with a small interactive experiment. Students worked in pairs and collected tape samples from their own skin. They then observed the samples under a light microscope to examine corneocytes. During the experimental session, I have checked what students see under the microscope, some students asked for help, or explanation, so we had very interactive session. Students also had opportunities to ask questions during short breaks throughout the lecture.

◆Other noteworthy information (その他特筆すべき事項):

From my point of view, the experimental part was the most successful, as the students seemed engaged and enthusiastic. It was very rewarding to interact and talk with them. This experience suggests that more interactive lectures are likely to be more effective.

For me personally, this was one of the most meaningful experiences I have had in Japan so far. I greatly enjoyed the lecture and am sincerely grateful for the opportunity to interact with such friendly and kind students.

- Impressions and comments from the lecture assistant (講義補助者の方から、本プログラムに対する意見・感想等がありましたら、お願いいたします。):

Bujee, lecture assistant, says it was also a good chance for her to know more about Japanese high school/students, and real cultural experience chance.

